Holy Cross College (Autonomous), Nagercoil-629004

Kanyakumari District, TamilNadu.

Nationally Re-Accredited with A$^+$ by NAAC IV cycle – (CGPA 3.35)

Affiliated to

Manonmaniam Sundaranar University, Tirunelveli

DEPARTMENT OF SOCIAL WORK

SYLLABUS FOR POSTGRADUATE PROGRAMME

Issued from the Deans Office

(With effect from the Academic year 2020– 2021)

DEPARTMENT OF SOCIAL WORK

Vision:

"Empowering the young women as change makers in the society through networking with various agencies, inculcating professional values and attributes which lead to the holistic development of the society".

Mission:

- To implant the students towards social concern and problems through inculcation of democratic and humanitarian values.
- To sensitize the various issues in the society for the empowerment of marginalized and vulnerable people.
- To reach the unreached through advocacy and right based approach.
- Applying skills in social work practice and social work research in different fields for achieving desirable changes and development.
- To facilitate entrepreneurship and career guidance through activity based learning.

Programme Educational Objectives (PEOs)

PEOs	Upon Completion of MSW degree programme, the graduates will be able to:
PEO - 1	The graduates use scientific and computational technology to solve social issues and Pursue research.
PEO - 2	Our graduates will continue to learn and advance their careers in industry both in Public and private sectors, government and academia.
PEO - 3	The graduates will attain professional knowledge and practice to work in different fields of Social settings transferring one's knowledge, skills and expertise to community (Community can incorporate local, municipal, national and international scope) with professional ethics and values

Program Outcomes (POs)

POs	Upon completion of M.S.W. programme, the graduates will be able to:
PO – 1	Design and undertake individual research which will contribute to the future ideological and societal development

PO – 2	Enhance in-depth learning by using innovative technological sources
PO – 3	Integrate various theories and methodologies relating to social and environmental contexts
PO – 4	Articulate critically to address the emerging national and global challenges with an ethical outlook.
PO – 5	Perform the professionalism and team spirit and exhibit leadership, communication and managerial skills.

Programme Specific Outcomes (PSOs)

PSOs	Upon completion of M.S.W. programme, the graduates will be able to:
PSO 1	Develop ability to identify, formulate and analyse complex social problems using social work knowledge through placements in service organizations and in open Community.
PSO 2	Acquire skills to practice values and ethics of social work practices with diverse and Vulnerable populations.
PSO 3	Apply social work methods, research based activities and research to facilitate realistic understanding and contribute to the societal development.
PSO 4	Develop appropriate resources, use technology and innovative methods to enhance theoretical knowledge and practical wisdom.
PSO 5	Conduct appropriate programmes for sustainable development by giving orientation about environmental transformation and developing knowledge about sustainable development.
PSO 6	Enhance interpersonal and intra-personal skills for the efficient and competent personal and professional role performance with various groups of professional and Para-professional teams.

Eligibility Norms for Admission

A passing minimum of 50% in any Bachelor Degree under any recognized university.

Duration of the Programme: 2 years

Medium of Instruction: English

Passing Minimum:

A minimum of 50% in the external examination and an aggregate of 50% are required. There is no minimum pass mark for the Continuous Internal Assessment.

Components of M.S.W Programme

	Components	Maximum Marks/ Course	Total Marks
Major	Core - Theory Papers	8 x 100	800
	Elective - Theory Papers	5 x 100	500
	Research Project	1 x 100	100
	Block Placement	2 x 100	200
	Core- Practical	4 x 100	400
Total Marks			**2000**

Course Structure

Distribution of Hours and Credits

Course	Semester I	Semester II	Summer Vacation	Semester III	Semester IV	Total Hours	Credit
Core-Theory	5(4)+6(5) 5(4) +4(4)	5(4) +6(4) 4(4)	-	-	5(4)	40	33
Core- Practical	10(5)	10(5) 5(4)	-	4(4) &4(3)	10(5) 5(4)	48	30
Elective			-	5(4) 5(4) 5(4)	5(4) 5(4)	25	20
Project	-	-	-	7(5)	-	7	5
Total	30(22)	30(21)	-	30(24)	30(21)	120	88
Non-academic courses							
*Life Skill Training-I	-	(1)	-	-	-		1
*Life Skill Training-II	-	-	-	-	(1)		1
*Community Engagement Course	-	(1)	(1)				2
*Summer Training							

Programme		
*UBA	(2)	2

- **Non-academic courses are mandatory and conducted outside the regular working hours.**

Courses offered

Semester	Course code	Title of the Course	Hours/Week	Credits
I	PW2011	**Core I**:Introduction to Professional social work	5	4
	PW2012	**Core II**:Sociology for Social work	6	5
	PW2013	**Core III**: Community organization and Social Action	5	4
	PW2014	**Core IV** :Social Work Practice with Individual and Group	4	4
	PW20P1	**Practical I :**(Observation visit & Rural	10	5
	SLP201	Community Engagement Course	-	-
II	PW2021	**Core V**:Social Welfare administration and Social Legislation	5	4
	PW2022	**Core VI**: Social Work Research and Social Statistics	6	4
	PW2023	**Core VII**:Dynamics of Human Behaviour	4	4
	PW20P2	**Practical II** (Concurrent Field Work)	10	5
	PW20P3	Block Placement	5	4
	SLP201	Community Engagement Course	-	2
	LST201	Life Skill Training (LST) – I	-	1

III	PW2031	**Elective I:** a. Developmental planning and Administration	5	4
	PW2033 PW2034	**Elective II:** a. Rural Community Development b. Mental health and Psychiatric disorders	5	4
	PW2035	**Elective III:** a. Urban Community Development	5	4
	PW20P4	**Practical IV**(Concurrent Field Work and Study tour)	4+4	4+3
	PW20P5	Research Project	7	5
	STP201	Summer Training Programme	-	1
IV	PW2041	**Core VIII:** Psychological Counseling - Theory and Practice	5	4
	PW2042 PW2043	**Elective IV:** a. NGO Management b. Psychiatric Social work	5	4
	PW2044 PW2045	**Elective V:** a. Development Communication b. Hospital Administration	5	4
	PW20P6	**Practical VI**(Concurrent Field Work)	10	5
	PW20P7	Block placement	5	4
	LST202	Life Skill Training (LST) – II	-	1
		UBA	-	2

		TOTAL	120	95

Self-Learning – Extra Credit Course

Semester	Course Code	Title of the Course	Hours/Week	Credits
II	PW20S1	Indian Polity	-	2
IV	PW20S2	Criminology and Forensic Science	-	2

Instruction for Course Transaction

Theory (Major Core/Elective) Paper Hours

Components	Sem.I	Sem.II	Sem.III	Sem.IV
Lecture hours	40/55/70	40/55/70	70	70
Continuous Internal Assessment	5	5	5	5
Quiz (2)	1	1	1	1
Class Test (2)	2	2	2	2
Group discussion/Case study/Role play	3	3	3	3
Class assignment	2	2	2	2
Seminar	7	7	7	7
Total Hours	**60/75/90**	**60/75/90**	**90**	**90**

Examination Pattern

a) Major Core theory & Elective:

Ratio of Internal and External components – 40:60

Internal Components and Distribution of Marks

Internal Components	Marks
Continuous Internal Assesment(2)	20
Quiz(2)	4
Class Test(2)	4
Online Home Assignment	4
Group Discussion/ Problem Solving/ Open book test /Case study/Collage making/Class assignment	4
Seminar	4
Total	**40**

Question Pattern (Core / Elective)

InternalExam	Marks	External Exam	Marks
Part A-4 x 1 (No Choice)	4	Part A-10 x 1 (No Choice)	10
Part B- 3 x 4 (InternalChoice)	12	Part B- 5 x 3 (Internal Choice)	15
Part C -3 x 8 (Internal Choice)	24	Part C -5 x 7 (Internal Choice)	35
Total	**40**	**Total**	**60**

Practical Papers

(Observation visit & rural camp, Block Placement training and concurrent field work)

Internal: 60 marks

External: 40 marks

Total: 100 marks

Concurrent Fieldwork:

Regularity for IC	:	5 Marks
Reporting	:	10 Marks
Mobilizing resources	:	5 Marks
Community Participation	:	5 Marks
Propaganda	:	5 Marks
Documentation	:	5 Marks
Marks from the agency	:	25 Marks
Total Marks	**:**	**60 Marks**

Block Placement training:

Regularity	:	10 Marks
Daily Report	:	10 Marks
Documentation	:	15 Marks
Marks from the agency:		25 Marks
Total Marks	**:**	**60 Marks**

a) **Project**

Internal: 60

External: 40

Regularity for IC	:	10 Marks
Introduction	:	5 Marks
Review of Literature:		5 Marks
Methodology	:	10 Marks
Analysis and Interpretation:		10 Marks
Findings and suggestion:		5 Marks
Bibliography	:	5 Marks

Format   :   10 Marks

Total Marks   :   60 Marks

Life Skill Training

Ratio of Internal and External 60 : 40

Internal Component

Components		Marks
Life Skill Training- I	Album (20 pages)	40
	Group Song, Mime, Skit(Group of 5 students)	20
	Total	**60**
Life Skill Training- II	Case Study (30 page)	60
	Total	**60**

External Component

Written Test	Five out of Seven (5 x 8)	40
	Total	**40**

SLP -Community Engagement Course (CEC)
(Field Work – 15 hrs; Class Hours – 15 hrs)

Ratio of Internal and External 50 : 50

Internal Component

Component	**Marks**
Assignment	10
Group Discussion	10
Attendance (Field Work)	30
Total	**50**

External Component

Component	**Marks**
Group Project Report / Case Study(10-15 pages in print)	50
Total	**50**

Core I: Introduction to professional social work

Course Code: PW2011

Number of Hours per week	Number of Credit	Total Number of Hours	Marks
4	4	45	100

Objectives:

- To impart knowledge on the values and ethics of social work.
- To sensitize the students on social issues.

Course outcomes (COs)

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Explain the meaning and concept of various social work practices.	**PSO-2**	U
Co-2	Describe the evolution of social work in U.K, U.S.A and India.	**PSO-2**	U
Co-3	Explain the philosophy, principles and Functions of social work as a profession.	**PSO-2**	U
Co-4	Express the merits and demerits of professional social work in India.	**PSO-2**	U
Co-5	Categorize the primary and secondary social work methods with its merits and demerits.	**PSO-3**	**An**
Co-6	Understand the major theories and models in social work	**PSO-3**	U
Co-7	Apply the social work methods in various field of social work.	**PSO-3**	**Ap**

Unit – I Social Work

Meaning, Definition, Concept, Historical Development in U.K, USA and India. Concepts in Social work practice: Social Service, social welfare, social security, Social defense, social development, Social exclusion and Social Reform.

Unit- II Professional Social Work

Nature, scope, objectives, Philosophy, Principles and their applications, Functions, Approaches and models , Methods, Values, Ethics, code of conduct, Social work as a Profession, Prospects and limitation of practices of professional social work in India.

Unit – III Methods of Social work

Primary methods- Case work (Micro Social Work), Group work (Meso Social Work), Community Organization (Macro Social Work). Secondary methods - Social Welfare Administration, Social Work Research and Social Action. Social Work Professional Organizations- status and problems of National and International organizations.

Unit – IV Theories and models of Social work:

Systems theory, Psychodynamic Theory, Social learning theory and Conflict theory. Models of Social work- Problem Solving Model, Cognitive Behavior Model, Crisis Intervention Model, Integrated Social work model, Developmental model, empowerment and justice model and radical model

Unit – V Fields of Social Work

Meaning, Scope and Role of professional social work in different fields- Community setting, Family setting, Hospital setting, Correctional setting, Educational Setting, Industrial setting,Diaster Management, Human Right,Eco Social Work and Gerentlogical Social Work.

Reference:

1. Bhattacharya, Integrated Approach to Social Work in India, Jaipur : Raj PublishingHouse(2001)
2. Bradford, W. Sheafor, Charles, R. Horejsi, Gloria A. - Fourth Edition Techniques andGuidelines for Social Work, London : Allyn and Bacon, A Viacom Company(1997)
3. Desai, Murali Ideologies and Social Work (Historical and Contemporary Analysis), Jaipur :RawatPublication(2002).
4. Diwakar, V. D. Social ReformMovement in India, Mumbai : Popular Prakashan(1991)
5. Roy, Bailey and Phil, Lee Theory and Practice in Social Work, London(1982)
6. O' Neil, Maria Mac Mohan: General Methods of Social Work Practice, London : Allyn andBacon(1996 Third Ed.)

Semester I

Core II: Sociology for Social work

Course Code: PW2012

Number of hours per week	Number of credit	Total number of hours	Marks
5	5	75	100

Objectives: 1. To provide the students of social work a sociological perspective on Indian society, its structure and dynamics

2. To enhance an analytical understanding among the students about the Indian society to aid in betterprofessional practice.

3. To sensitize the students of the need to acquire suitable skills to deal with societal issues

Course outcomes (COs)

Course outcome	Upon completion of the course, the students will be able to :	PSOs addressed	Cognitive level
CO-1	Recall the concepts of sociology and recognize its relationship with social work	PSO-2	Re
CO-2	Distinguish the various social process	PSO-1	Ev
CO-3	Analyse the impact of culture and Institution in Indian Society	PSO-1	An
CO-4	Distinguish the various social control mechanisms and the basis for social stratification in India	PSO-1	An
CO-5	Explain the philosophy and major contribution of Indian sociological thinkers and assess the impact of social movements in Indian context	PSO-5	U, Ev
CO-6	Evaluate the causes and consequences of major social Problems and the developmental issues on liberalization, globalization and privatization	PSO-5	Ev
CO-7	Assess the role of social worker in social problems and development of appropriate strategies.	PSO-1	Ev

Unit- I: Introduction to Sociology

Meaning and characteristics of Society, Community, social group, social association and Social institution. Social Structure and social system- functions of social institutions- marriage, family, kinship, caste , religion and education. Relationship of sociology with social work.

Unit- II: Culture, Society and social process

Concept, functions and elements of culture- norms, folkways, mores, institutions and laws; Cultural lag and cultural shock. Institutions: Types of institutions(Religious, Economic, Educational, social and political) ; Changing trends in these institutions and their impact on Indian society; social processes(Co-operation, competition, conflict, accommodation, assimilation and acculturation)

Unit III: Social control and Social stratification

Social control: Concept, types and functions. Major agents of social control: kinship, religion, law, education, traditions and customs. Social stratification: Meaning and functions, basis of social stratification in India- caste, modern trends of caste system in India, sanskritization.

Unit- IV: Social change and Social movements:

Major philosophy and major contributions of sociological thinkers-Mahatma Gandhi, Swami Vivekananda, Dr. Ambedkar, E.V. R. Periyar,Social change- meaning ,theories, factors, social movements- meaning, causes, types. Major Social movements in India – Narmadha Bacho Andolan, Dalit movement, Women movement, Dalit movement, Naxalbari movement, Religious movements

Unit- V: Social Problems and developmental issues:

Children problems-Child Labour, Child Abuse. Adolescent's problems- Alcohol and substance abuse, corruption, crime and delinquency, Cybercrimes. Women Problems – Divorce, Prostitution, and Problems of Destitutes. Problems of physically and mentally challenged, refugees and transgenders – developmental issues- issues arising out of liberalization, globalization and privatization.

Books for Reference

1. Abhijit Dasgupta, 2012, On the margins: Tribes, castes and other social categories (Fourth),Sage Publications, New Delhi.

2. Sachdeve D.R. and Vidhya Bhushan, 2006, Introduction to sociology, Kitab Mahal, Allahabad.

3. G.R.Madhan , 1973,Indian Social Problems, Allied Pacific Pvt. Ltd,

4. Sahu D.R. , 2012, Sociology of Social movementSage Publications, New Delhi.

5. M.N.Srinivas,1963 , Social Change in Modern India University of Calcutta

6. Thara Bhai L, 2012, Indian sociology issues and challenges, Sage Publications, New Delhi

7. Surinder S. Jodhka, 2012, Changing caste, ideology , identity and mobility, Sage Publications,New Delhi

8. Diwakar V. D, 1991, Social Reform Movement in India, Mumbai : Popular Prakashan

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Semester I

Core III : Community Organization and Social Action

Course Code: PW2013

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Hours Per Week	Number of Credit	Number of Hours	Marks
3	3	45	100

Objectives:

- To help the students to get knowledge about the community.
- To capture the policy and participation of the community development.

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Course Outcomes (COs)

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Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the roles and skills of community organization.	**PSO-2**	**U**
Co-2	Differentiate the integrative and disintegrative process in the community.	**PSO-2**	**An**
Co-3	Distinguish the community organization and community development.	**PSO-2**	**An**
Co-4	Understand, respond and practice the methods of community organization.	**PSO-2**	**U**
Co-5	Apply and analyse the intervention techniques in crisis situation.	**PSO-1**	**Ap**
Co-6	Understand the social action as a social work method.	**PSO-3**	**U**
Co-7	Develop the personality requirement as a social activist	**PSO-3**	**C**

Unit I
Community organization:
Concept, meaning, Objectives, characteristic, principles, scope, history, values.Community organization as a method of social work. Roles and skills of community organizer.

Unity II
Community Dynamics:
Integrative and disintegrative process in the community. Community welfare councils and community chests. Community Organization and Community

development –similarities and differences.

Unit III

Methods of community organization:
Fact-finding, planning, mobilization, Rapport building, group decision making, conference and committee practice, co-operative action, negotiation, consultation, conflict resolution, Resource mobilization, Administration, Recording, Evaluation.

Unit IV

Social Work Intervention in Emergencies:
Fire, Flood, Drought, Earthquake, Tsunami, War Famine, and other Community issues. Modern techniques needed for Social Workers: SWOT analysis, PRA tools, Time management. Project management, social audit**.**

Unit V

Social Action :
Concept, definition, objectives, history, elements and strategies– social action as a social work method – social worker as a social activist, roles and personality requirements.

Reference:

1. Cox Fred, Community organization, Michigan: F.E. Peakcock Publishers (1987).

2. Friedlander, W.A. Concepts and Methods in Social Work, EaglewoodCliffs, New Delhi:Bentice Hall International Inc(1978).
3. Gangrade, K.D Community Organization in India, Mumbai : popular Prakashan (1971).

4. Murray. G. Ross, Community organization theory and practice(2000)

5. Sanjay Bhatachrya, Social Work- An Integrated Approach, Deep and Deep

    Publications private Ltd, Delhi. (2011)

Core-IV Social Work Practice with Individuals and Groups

Course Code: PW2014

Number of Hours per Week	Number of Credit	Total Number of Hours	Marks
3	3	45	100

Objectives:

☐ To understand Social Case Work as a primary method and to learn its applicability in different settings.

☐ To help the students to develop various skills and knowledge in dealing with the

☐ individuals. To make the students to understand various psycho-social problems of an individual and howto tackle the situation

Course Outcomes (COs)

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the social case work as a primary method.	**PSO-2**	U
Co-2	Explain the values and principles of case work practice.	**PSO-2**	U
Co-3	Identify the various psycho-social problems of anindividual.	**PSO-2**	U
Co-4	Practice social case work process and techniques in variousindividuals and families.	**PSO-2**	Ap
Co-5	Construct the ability to prepare and present adequate anddetailed reports on social case work.	**PSO-2**	C
Co-6	Understand the importance and evolution social group work.	**PSO-2**	U
Co-7	Identify the Group formation and its stages.	**PSO-1**	U
Co-8	Apply social group work process and techniques in variousgroups in the community.	**PSO-4**	Ap

Unit I

Introduction to Social Case Work:
Nature, Concept, Definition, Objectives, Case work skills, Goals, Values and Principles of Case Work Practices. Historical development of Social Case Work.

Unit II

Helping Process:

Intake, Case Study-Tools for case study, Diagnosis -types of diagnosis, factors involved in diagnosis, Treatment –Techniques and Methods, Process, Establishing Treatment Goals, Treatment Plan, Application of Treatment Methods, Termination-Methods and techniques. Case work recording and its importance

Unit III

Introduction to Social Group Work:

Definition, Functions, Importance, Principles, Concept, Objectives of group work, Skills, Philosophy, Scope, Historical development of Social Group Work Method. Problems and Limitation of Social Group Work Practice in India. Models of Group Work.

Unit IV

Types of Groups:
Primary and secondary groups , formal and informal groups, Open and Closed Groups, Reference Group, Group Cohesiveness, Treatment Groups: Educational, Growth, Remedial, Group psychotherapy, Group counselling, Task Groups: council, committee& Team Developmental Groups: Self help Groups, Support Groups

Unit V

Group work Process:
Group Formation and its stages, Group Bond, Sub Groups, clique, Gang, Dyad, Triad, Group norms, Group Climate, Group Dynamism. Leadership in groups, Programme Planning, Implementation and Evaluation. Recording in Group and Types.

Reference

1. Aptekar, Herbert The Dynamics of Casework and Counselling, New York : Houghton MifflinCo. (1955)

2. Hamilton, Gordon The New York School of Social Work : Theory and Practice of Social Case Work, New York and London : Columbia University Press(1970)

3. Perlman, Helen H Social Case Work - A Problem solving process, University of Chicag Press, Chicago. (1957) Battacharya Sanjay, Social Work an Integrated Approach, New Delhi: Deep & Deep Publicators Pvt. Ltd

4. Douglas Tom, A Theory of Group Work Practice, Macmilan Press (2005)

5. Trecker, Harleigh, B. Social Group Work: Principles and Practice, Association

6. Association Press, New York (1967)

No. of hours per week	Credit	Total no. of hours	Marks
1	1	30	100

Objectives:
- To understand the fundamental rules of success
- To practice integrity in day to day life

Course Outcomes (COs)

CO No.	*Upon completion of this course, the students will be able to:*	PSO Addressed	Cognitive Level
CO-1	Understand the human values to lead a successful life	PSO-	U
CO-2	Apply the ethics in real life situation	PSO-	A
CO-3	Analyse and improve one's attitude	PSO-	Y

Unit I

Success - Success formulae.

Goals - The law of Karma, The law of clarity, and The law of flexibility.

Positive Mental Attitude - The law of optimism and self-confidence.

Unit II

Purposeful-Burning desire - The law of desire and The law of

energy.Planning and Preparation - The law of planning.

Unit III

Resources - The law of maximization - Time and its management: health, courage, strengths and weaknesses, attitude, will and skill, enthusiasm, initiative, creativity/resourcefulness/ingenuity, experience, appearance, orderliness and neatness, courtesy, politeness and manners, charisma, live life, have luck and skills.

Unit IV

Self-discipline -The law of time preference and The law of

direction.Action - The law of applied effort and The law of

compensation.

Persistence.

Unit V

Prayers - The partnership with God - work with commitment towards the goal - work

and prayer.Values - to attain stability in life -Benjamin Franklin's thirteen virtues.

Text Book

Rao, C.N. (2014). 10 Fundamental Rules of Success. India: V & S Publisher.

ReferenceBooks:

1. Bellamy, D.R. (1999). 12 Secrets for Manifesting your Vision, Inspiration and Purpose. India: MasterMind Books.
2. Iyer, S.S. (2009). Managing for Value. NewDelhi: New Age International Publishers.
3. Sharma, S.P. (1999). Success Through Positive Thinking. Delhi: Pustak Mahal
4. Raj, A.S. (2015). Personality Development. Delhi: Firewall Media.

Core-V Social Welfare Administration and Social Legislation

Course Code: PW2021

Number of Hours per week	Number of Credit	Total Number of Hours	Marks
4	4	45	100

Objectives:

- To get more knowledge about women development, problems faced and rights of women
- To understand the method of social welfare administration

Course Outcomes (COs)

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the principle and functions of social welfare administration in national and international level	**PSO-2**	U
Co-2	Interpret the methods and techniques of social welfareadministration.	**PSO-2**	Ap
Co-3	Practice the methods and techniques of social welfareadministration in the organization.	**PSO-3**	U
Co-4	Understand the registration act regarding NGO andcompanies formation.	**PSO-2**	U
Co-5	Recall the social structure and beliefs influencing the status ofwomen.	**PSO-2**	R
Co-6	Interpret the various acts related to women and childrendevelopment.	**PSO-2**	Ap

Unit-I

Social Welfare Administration- concept, scope, principles, nature and task. Social Welfare boardsand its functions. Social welfare organization- national and international levels.

Unit-II
Methods and techniques of Social Welfare Administration.

POSDCORB: planning – organizing staffing, directing, coordinating, reporting and budgeting. Office administration- finance, fund raising, accounting, auditing, purchases and stock keeping, record maintenance, public relation, monitoring and evaluation, research and

annual report.

Unit- III Registration

Societies Registration Act 1860, procedure under Tamil Nadu Societies registration Act1975- Foreign contribution(Regulation) Amendment Act 1985, Indian Trust 1882,Companies Act 1956- The duties and responsibilities of office bearers and executives, the role of general body and governing body.

Unit IV Social legislation I

(Major provisions of the following legislations)

Introduction to personal laws, legislation pertaining to marriage, Divorce, adaption, property

Legislation pertaining to children- POSCO, Child labour, JJ Act, child marriage,Legislation pertaining

to women- Dowry, Divorce, Domestic violence, Sexual Harassment, Indecent representation in any

form.

Unit V
(Major provisions of the following legislations)
Legislation pertaining to REI, SC, ST, PCR, RTI, Bonded labor, Protection of Human rights Act,Elderly.

References

1. Bose, A.B- social welfare planning in Indianew Delhi, ECAFE(mimeo) (1970)
2. Dr. Subramaniam. S., - 50 years of India's Independence, Manas publications, New Delhi-110002(1997)
3. Choudry, Paul Hand book on social welfare in India, streling pub, New Delhi, (1979)
4. Choudry, Paul Social Welfare Administration, Atma Ram & Sons, Delhi, (1979).
5. Bhattacharya Sanjay, Social Work – An Integrated Approach, Deep and Deep PublicationsPrivate Ltd. Delhi(2011)

Core-VI Social Work Research and Social Statistics
Course Code: PW2022

Number of hours per week	Number of credit	Total number of hours	Marks
5	5	75	100

Objectives

- To comprehend the importance of research as a social work method
- To be familiar with various research designs, methods, statistical tools and techniques relevant to social work research.
- To facilitate the students the skills for collecting and analysing the data on recent social issues and motivate them towards social work research process.
- To understand the nature of social work research and help the students to prepare scientific report on the research work carried out.

Course Outcomes (Cos)

CO No.	Upon completion of this course, students will be able to	POs addressed	CL
CO-1	Recall the concepts of social work research and recognize the research process of social work	PSO-2	R
CO-2	Formulate and choose suitable sampling methods for study	PSO-4	C
CO-3	Distinguish between various research designs based on the research	PSO-3	An
CO-4	Develop the methods and tools for collecting data	PSO-3	C
CO-5	Recognize the importance of statistics in social work research with reference to statistical tools.	PSO-3	An
CO-6	Organize the data using various scaling techniques.	PSO-4	Ap
CO-7	Apply the skills of presentation and interpretation of data for writing the research report	PSO-2	Ap
CO-8	Recall an recognize the ethics of social work research with diverse population	PSO-2	R

Unit I Social work research; Meaning, definition, purpose of research, Types of research:Qualitative and quantitative research-Social research and social work research. Scientific Method; Nature, Characteristics, purpose and steps in research process; variable and its types, Hypothesis: Formulation, Attributes of hypotheses and types and significance; criteria for good research.

Unit II Research design and Sampling: Research design: Exploratory, Descriptive, Diagnostic and Experimental. Formulation of research problem. Sampling: Definition, principles, Types and procedures; population and Universe, Census and sampling; measurement: Meaning, levels of measurement: Nominal, ordinal, interval and ratio; validity and reliability; scaling techniques

Unit III Sources and methods of data collection: Sources: Primary and Secondary, Research tools Observation, case study and Survey methods, Interview,interview schedule, questionnaire: construction of questionnaire, types of question, question

format and sequence of questions.

Unit IV Preparation of Research report: Processing the data; tabulation; Diagrammatic representation of data: interpretation of data; Report writing and referencing; Agencies involved in social research; Ethical considerations of social work research;

Unit V Social statistics: Statistics: Meaning, aim, purpose, scope and functions. measures of central tendency: Arithmetic mean, median and mode. Dispersion: range, quartile deviation, standard deviation and co-efficient of variation. Tests of significance: T test and chi-square test., correlation: meaning, types and uses, Karl Pearson's coefficient of correlation and Rank correlation. Computer Applications: Use and application of computer in Social Work Research with special to Statistical Package for Social Science (SPSS), R.

Books for Reference

1. Goode, W J and Hatt, P K. (1952). Methods in Social Research. Mc.Graw Hill, New York.

2.Gupta S.C. (2012). Fundamentals of Statistics, 7e. Himalaya Publication Co., New Delhi.

3 Kothari C.R (1997). Research Methodology - Methods and Techniques. Vishwa Prakashan, New Delhi,1997

4. Ramachandran P. (1993). Survey Research for Social Work, Institute for CommunityOrganization Research, Bombay.

5.Ranjit Kumar. (2014). Research Methodology. Sage Publications, New Delhi.

6.Wilkinson T.S and Bhandarkar P.L. (2005). Methodology and Techniques for Social Research, 16e (Reprint). Himalaya Publication Co., New Delhi.

7. C.R.Kothari, Research Methodology, Wiley EASterm United, New Deihi, 1985.

Semester II
Core-VII Dynamics of Human Behaviour
Course Code: PW2023

Hours Per Week	Number of Credit	Number of Hours	Marks
3	3	45	100

Objectives

- To impart knowledge on the stages of development.

- To develop an understanding of the various factors which influence personality development and behavior

- To apply the information on growth, development and health in social work practice in general and individuals, groups and communities in particular.

-

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the scope and nature of psychology.	**PSO-6**	**U**
Co-2	Discriminate the schools of psychology.	**PSO-6**	**U**
Co-3	Interpret the current perspective in psychology.	**PSO-6**	**Ap**
Co-4	Develop the ability to understand the various factors which influence human growth and development.	**PSO-6**	**An**
Co-5	Understand the theories of personality.	**PSO-6**	**U**
Co-6	Analyze the important concepts of personality in various foreign psychologists.	**PSO-6**	**An**
Co-7	Assess the hereditary and environment in their own personality development.	**PSO-6**	**E**
Co-8	Understand the cognitive aspect of human psychology.	**PSO-6**	**U**
Co- 9	Estimate the impact of psychological, social, economic and political factors influencing the human behavior.	**PSO-6**	**An**
Co-10	Identify the individual adjustment and maladjustment pattern	**PSO-6**	**U**

Unit - I

Psychology: Definition, Nature, branches and scope. Schools of Psychology. Current Perspective in Psychology.

Unit - II

Human Growth & development - Pre-natal development and Socio cultural factors influencing development and hazards during infancy, toddler hood, pre – school, Childhood, puberty, adolescence, adulthood, middle age and old age.

Unit – III

Personality: Definition and Structure – Theories of personality: Trait and Type theories-Important concepts of the contributions of Freud, Jung, Adler, Maslow and Erickson. Factors influencing personality Development- Heredity & Environment.

Unit – IV

Cognitive aspects of Psychology: Sensation, Perception, Motivation, and learning Memory and attitude. Factors influencing behaviour: Psychological, Social, Economic, Political factors. Intelligence and creativity, measurement of intelligence (IQ and Intelligence test.)

Unit – V

Individual adjustment and Maladjustment; Concept, cause and effects. Frustration and conflict; Types of conflicts, Defense mechanisms.

Reference Book:

1. Clifford, Morgen and King,Richard(1975) Introduction to Psychology,7th Edition, New York :McGraw Hill Inc.
2. Colman, James C. & Broen William E. (1972), Abnormal Psychology and Modern life, 4thEdition,Scott,Foresman andCompany.
3. Gardner, Murphy (1964) An Introduction to Psychology,1st Edition, Calcutta : Oxford andIBH PublishingCo.
4. Hurlock, (1980) Elizabeth Personality Development,5th Edition, New Delhi: Tata McGrawHill Publishing Co. Ltd.
5. Mangal, S. K.(2007) General Psychology,2nd Edition, New Delhi: Sterling Publisher Pvt. Ltd.

No. of hours per week	Credit	Total no. of hours	Marks
1	1	30	100

Objectives:
- o To understand the fundamental rules of success
- o To practice integrity in day to day life

Course Outcomes (COs)

CO No.	*Upon completion of this course, the students will be able to:*	Cognitive Level
CO-1	understand the importance of soft skills	U
CO-2	apply the tools and techniques for effective communication	A
CO-3	analyse and improve mental health	Y

Unit I

Soft and Hard Skills - significance of soft skills.

Communication Skills - Types of communication - elements of communication - constituents of communication

- characteristics of effective communication.

Unit II

Body Language - Body language interpretation - tips for better body language.

Interpersonal Skills - Tools for effective conversation and building

interpersonal skills.

Unit III

Listening Skills - Listening types - tips for listening - listening and

leadership. Soft Skills and Johari Window - Johari windows -

advantages of Johari window.

Unit IV

Change Management - Change Vs Zones - tips for managing change.

Stress Management - Types, causes of stress, symptoms of stress and tackling stress.

Unit V

Motivation - Types of motivation - Hierarchy of needs - tips for motivation.

Time Management - Pareto‟s principle - tools and techniques for time

management.(Compilation will be provided to the students)

Reference Books:

1. Melgosa, J. (2013). Positive Mind. (3rd ed.). Spain: Safeliz.

2. Shukla, A. (2010). The 4-Lane Expressway to Stress Management. New Delhi: Unicorn Books.

3. Pease, A. (1990). Body Language. India: Sudha Publications Pvt. Ltd.

Service Learning Programme (SLP): Community Engagement Course
Course Code: SLP201

Credits	Total no. of hours	Total marks
2	30 (15 classroom + 15 field)	100 (50 + 50)

Objectives

- To develop an appreciation of rural culture, life-style and wisdom among students

- To learn about the status of various agricultural and rural development programmes

- To understand causes for rural distress and poverty and explore solutions for the same

- To apply classroom knowledge of courses to field realities and there by improve quality of learning

Learning Outcomes
After completing this course, student will be able to
- Gain an understanding of rural life, culture and social realities

- Develop a sense of empathy and bond so mutuality with local community

- Appreciate significant contributions of local communities to Indian society and economy

- Learn to value the local knowledge and wisdom of the community

- Identify opportunities for contributing to community's socio-economic improvements

Credit: 2credits, 30hours, at least 50% in field, compulsory for all students.

Contents:
Course Structure:
2 Credits Course (1Credit for Classroom and Tutorials and 1 Credit for Field Engagement)

S. No.	Module Title	Module Content	Assignment	Teaching/ Learning Methodology	No.of Classes
1	**Appreciation of Rural Society**	Rural lifestyle, rural society, caste and gender relations, rural values with respect to community, nature	Prepare a map (physical, visual or digital) of the village you visited and write an essay about inter-family relations in	- Class room discussions - Field visit**	2 4

		and resources, elaboration of "soul of India lies in villages'(Gandhi), rural infrastructure	that village.	- Assignment Map	2
2	**Understanding rural economy & livelihood**	Agriculture, farming, land ownership, water management, animal husbandry, non-farm livelihoods and artisans, rural entrepreneurs, rural markets	Rural household economy, its challenges and possible pathways to address them	- Field visit** - Group discussions in class -Assignment	3 4 1
3	**Rural Institutions**	Traditional rural organisations, Self-help Groups, Panchayatiraj institutions (GramSabha, GramPanchayat, Standing Committees), local civil society, local administration	How effectively are Panchayatiraj institutions functioning in the village? What would you suggest to improve their effectiveness? Present a case study (written or audio-visual)	Classroom Field visit** Group presentation of assignment	2 4 2
4	**Rural Development Programmes**	History of rural development in India, current national programmes: Sarva Shiksha Abhiyan, Beti Bachao, Beti Padhao, Ayushman Bharat, Swatchh Bharat, PM Awaas Yojana ,Skill India, Gram Panchayat Decentralised Planning, NRLM, MNREGA etc.	Describe the benefits received and challenges faced in the delivery of one of these programmes in the rural community; give suggestions about improving implementation of the programme for the rural poor.	- Classroom - Each studentselect soneprogram for fieldvisit** Written assignment	2 4 2

**Recommended field-based practical activities:
- Interaction with SHG women members, and study of their functions and challenges; planning for their skill building and livelihood activities

- Visit MGNREGS project sites, interact with beneficiaries and interview functionaries at the worksite

- FieldvisittoSwachhBharatprojectsites,conductanalysisandinitiatepr oblemsolvingmeasures

- Conduct Mission Antyodaya surveys to support under Gram Panchayat Development Plan(GPDP)

- Interactivecommunityexercisewithlocalleaders,panchayatfunction aries,grass-rootofficials and local institutions regarding village development plan preparation and resource mobilization

- Visit Rural Schools/ mid-day meal centres, study Academic and infrastructural resources and gaps

- Participate in Gram Sabha meetings, and study community participation

- Associate with Social audit exercises at the Gram Panchayat level, and interact with programme beneficiaries

- Attend Parent Teacher Association meetings and interview school dropouts

- Visit local Anganwadi Centre and observe the services being provided

- Visit local NGOs, civil society organisations and interact with their staff and beneficiaries,

- Organize awareness programmes, health camps, Disability camps and cleanliness camps

- Conducts oil health test, drinking water analysis, energy use and fuel efficiency surveys

- Raise understanding of people's impacts of climate change, building up community's disaster preparedness

- Organise orientation programmes for farmers regarding organic cultivation,rational use of irrigation and fertilizers and promotion of traditional species of crops and plants

- Formation of committees for common property resource management, village pond maintenance and fishing

Teaching & Learning Methods

A large variety of methods of teaching must be deployed:

UGC will prepare an ICT based MOOC for self-paced learning by students for the1 credit to be conducted in the classroom.

Reading & classroom discussions, Participatory Research Methods & Tools, Community dialogues, Oral history, social and institutional mapping, interactions with elected panchayat leaders and government functionaries, Observation of Gram Sabha, Field visits to various village institutions.

Recommended Readings

Books:

1. Singh, Katar, Rural Development: Principles, Policies and Management, Sage Publications, NewDelhi,2015.

2. A Hand book on Village Panchayat Administration, Rajiv Gandhi Chair for Panchayati Raj Studies, 2002.

3. United Nations, Sustainable Development Goals, 2015 un.org/sdgs/

4. M.P. Boraian, Best Practices in Rural Development**,** Shanlax Publishers, 2016.

Journals:
1. Journals of Rural development, (published by NIRD & PR Hyderabad)

2. Indian Journal of Social Work, (byTISS,Bombay)

3. Indian Journal of Extension Education (by Indian Society of Extension Education)

4. Journal of Extension Education (by Extension Education Society)

5. Kurukshetra (Ministry of Rural Development, GoI)

6. Yojana (Ministry of Information and Broadcasting, GoI)

Self-Learning Course
Course Code PW20S1
Indian Polity

Objectives

- To get basic knowledge about Indian Constitution structure
- To understand the basic concepts and rights of Indian Citizens

Unit-I

Introduction to Indian Constitution

Historical Background (The company rule 1773-1858, The Crown Rule 1858- 1947)
Making of the Indian Constitution, Salient features, Preamble, Union and its territories ,
Citizenship,Fundamental rights, Directive principle of State policy, Fundamental duties
(Article 1 to 51A)

Unit-II

System of Government

Parliamentary System- Features of parliamentary government , Features of Presidential
government, Merits and demerits of Parliamentary system , Federal System – Federal features
and unitary features of the constitution, Centre and state Relations- legislative relations,
Administrative relations, Financial relations, Interstate Relations- Interstate water disputes,
Inter state councils

Unit- III

Central Government

President – Election of the president , Qualifications, oath and condition, term, Impeachment,
and vacancy, Powers and functions of of the president, Veto power of the president,
Ordinance making power of the president, Pardoning power of the president, Constitution
position of the president Vice president- Election, Qualifications , oath , Conditions of
office, Term, Vacancy, Powers andfunctions Prime Minister- Appointment, oath, Term and
salary, Powers and Functions of Prime Minister Powers and functions of Supreme Court,
Judicial review, Judicial Activism

Central Council of Ministers
Unit IV

State Government, Panchayati Raj, Municipalties, Union Territories and Special Areas

Governor - Appointment of Governor, Term, Powers and Functions, Constitutional provisions

Chief Minister - Appointment of Chief Minister, Term, Powers and Functions, Constitutional
provisions

State Legislature, High Court, Special Status and special provisions for some

states,Panchayati Raj, Municipalities major powers and functions

Unit V

Constitutional bodies and non Non Constitutional Bodies (only important Funtions)

Constitutional Bodies- Election commission, Union Public Service Commission, State public Service Commission, Finance Commission, National Commission for SCs , STs, Special officer for linguistic Minorities, Comptroller and auditor General of India, Attorney General of India, Advocate general of State

Non Constitutional Bodies- NITI Aayog , National Human rights, State Human rights, Central

Information Commission, State Information Commission, Central vigilance Commission, Central bureau of Investigation, Local and Lokayuktas

References

1. M. Laxmikanth, Indian Polity, Fifth Edition, McGraw Hill Education (India) private limited (2017)

2. M. Karthikeyan, Governance in India Basic and beyond, Second edition, Kindle publication (2016)

3. D.D Basu Introduction to the Constitution of India, 23 rd Edition, Lexis Nexis publication (2018)

4. Manohar Pandey, General knowledge 2018, Arihant publications (India) Limited (2018)

5. Subhash C. Kashyap, Our parliament 2018, NBT. India publications (2018)

6. Spectrum, Indian Polity (first edition 2013, 6th edition 2018) Spectrum publications (India) limited(2018)

Major Elective - Public Health Management

Course Code: PW2032

Hours / week	Credits	Total Hours	Marks
5	4	60	100

Objectives:

- To get more knowledge about Health.
- To know various administrative structures in health care.

Course Outcome

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the concepts of health and importance of Public Health.	**PSO-6**	**U**
Co-2	Explain the symptoms, treatment, and prevention of communicable and non- communicable diseases.	**PSO-6**	**U**
Co-3	Apply the skills of population policy in promotion of family planning.	**PSO-7**	**Ap**
Co-4	Analyze the communication media in health education.	**PSO-6**	**An**
Co-5	Understand the recent national health programme and schemes in India.	**PSO-6**	**U**
Co-6	Discuss the various systems promoting Health care in India	**PSO-6**	**An**

Unit: I

Concept of Health: Dimensions of Health: Physical, mental, social, emotional and spiritual. Indicators of health: Mortality, morbidity, disability, nutritional status, environmental status, socio economic status and healthcare delivery. Public Health: Definition, meaning, functions and importance of Public Health.

Unit: II

Diseases: Concept, definition, causative factors and its types. Symptoms, mode of transmission, treatment and prevention of major communicable diseases: (Air borne, water borne, Vector Borne) - TB, Sexually Transmitted Infections (STI), hepatitis, poliomyelitis, diphtheria, diarrhea, malaria, cholera, typhoid, leprosy and HIV/AIDS- Psycho social intervention in communicable diseases. Epidemic and Pandemic diseases in global level.

Unit: III

Non - communicable diseases: Causes, symptoms, treatment and prevention of major non
- communicable diseases: cancer, diabetes, asthma, hypertension, cardiac disorders,Occupational Health problems - Psycho social intervention in non - communicable diseases
- Role of medical social worker.

Unit: IV

Family Planning and Health Education: Definition and Scope. Birth control Methods – National Population Policy 2000 - Social Work intervention in promotion of Family Planning. Health education: definition, objectives, approaches, principles. Information, Communication and Education (IEC); Health advocacy and Health campaigning.

Unit: V

Health Care Planning and Management: Healthcare Planning - Meaning, Definition, Objectives, goals. Health Care System in India: PHC, CHC, Taluk hospital, District hospital, Medical College, specialized hospitals (Public, Private, Indigenous and Voluntary). National Health Policy 2017 - Achievements and Short comings. National Health Programmes and schemes - NHM : NRHM and NUHM

Reference Books:

1. Anderson Clifford R., (1977) Your guide to health, (1st Edition) Oriental Watchman,Pune, Publishing House.
2. Davidson Stanley, Passmore R., Brock J. F, Truswell A. S., Edinburgh, (1979)HumanNutrition & Dietetics,(7th Edition) , London, Churchill Living stone.
3. Suraj Gupte, (1991) Speaking of Child Care, (8th Edition) New Delhi,SterlingPublishersPvt. Ltd.
4. Park.K,(2013)Preventive and Social Medicine,(21stEdition),Jabalpur, India Banarsida'sBhanot Publishers.
5. Rabindra Nath Pati, A.P.H. (2008) Family Planning, (1stEdition), New Delhi. PublishingCorporation.

Major Elective - Mental Health and Psychiatric Disorders

Course Code: PW2034

Hours / Week	Credits	Total Hours	Marks
5	4	60	100

Objectives:

1. To impart knowledge of Psychiatric Illness
2. To train the students to practice Psychiatric Social Work Effectively

Course Outcome

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand and use inner wisdom to work in the field of mental health.	**PSO-6**	U
Co-2	Identify the concepts related to mental health and mental illness and theoretical underpinnings related to it.	**PSO-6**	U
Co-3	Explain the general classification of mental disorder.	**PSO-6**	U
Co-4	Develop the psycho- social interventions in preventive, promotive and curative services that work towards enhancing the dignity of persons living with mental illness.	**PSO-6**	C
Co-5	Cite the examples of other mental disorder.	**PSO-6**	U
Co-6	Identify the psychiatric disorder in children, adolescence and women.	**PSO-6**	U
Co-7	Understand the psychiatric interviewing and National mental health programme	**PSO-6**	U

Unit: I

Mental Health: Definition and meaning of Mental Health, Mental Disorder- Psychiatry: Concepts, Criteria and characteristics of Mental Health and Neuro transmitters of mental functioning- History of Psychiatry in India. International Classification of Mental Disorder –

ICD 10 and DSM 5. Changing trends in Mental Health.

Unit: II

General Classification of mental disorders – Functional and Non-functional: Functional (Non-organic) Mental disorders : Psychotic disorders and Neurotic disorders; Psychotic disorders
: Schizophrenia, Mood disorders, Delusional disorders; Neurotic disorders : Anxiety disorder, Phobic disorder, Obsessive Compulsive Disorder (OCD), Hysteria, Hypochondriasis. Non- functional (Organic) Mental disorders : Delirium, Dementia, Amnestic Syndrome.

Unit: III

General Classification of Mental Disorders – Personality disorders, Psychosexual disorders, Psychoactive Substance Abuse: Personality Disorders – types. Psychosexual disorders – Dhat Syndrome, Erectile dysfunction, Premature ejaculation, Paraphilias, Male or female arousal disorders. Psychoactive Substance Abuse.

Unit: IV

General Classification of Mental Disorders – Psycho somatic disorders, Stress related disorders, Child Psychiatric disorders and Others: Psychosomatic disorders – Peptic ulcer, bronchial asthma, ulcerative colitis, psoriasis, allergic dermatitis, hypertension, irritable bowel syndrome. Stress related disorders – Acute Stress Reaction, Post Traumatic Stress Disorder (PTSD), Adjustment disorder. Child Psychiatric Disorders – Autism, Developmental disorders, Mental Retardation, Attention Deficit Disorders (ADD), Attention Deficit/Hyperactivity Disorder (ADHD). Emotional disorders, Habit disorders. Digital disorders. Trans Cultural Psychiatry.

Unit: V

Psychiatric interviewing and National mental health programme: Case History Taking and Mental Status Examination. Uses of Rating scaling in assessment and intervention. Mental Healthcare Act, 2017. National Mental Health Policy, District mental health programme.

References Books:

1. Francis J. Turner (1996) Social Work Treatment-Interlocking Theoretical approaches,(4th Edition) ,New York.The FREE press, A division of Simon & Schuster Inc.
2. Seker.K, Parthasarathy.R, Muralidhar.D, Chandrasekar Rao.M,(2007) Handbook of psychitric social work,(2nd Edition) , Bangalore, National Institute of Mental Health and Neuro Science.
3. Dr.Ramakrishanan.K, Dr.Arun Kumar.N, (2010) Psychiatry Made Easy, (1st Edition), Trichy, ATHMA Institute of Mental Health and Social Science.

4. Jennifer, John Wiley & Sons, (1981) An outline of modern psychiatry, (5th Edition) **Hoboken.**
5. Venkatesan.S, (2004) Children with development disabilities, (1st Edition) Amerind

pub,sage publication.

Major Elective - Medical Social Work

Course Code: PW2036

Hours / week	Credits	Total Hours	Marks
5	4	60	100

Objectives:

- To impart knowledge on the importance of Medical social work.
- To train the students to practice medical social work effectively

Course Outcome

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Explain the concepts related to health and illness.	**PSO-6**	U
Co-2	Understand the interplay of health illness and patients that leads to inequalities.	**PSO-6**	U
Co-3	Understand the knowledge of various illnesses and identify its psychosocial impacts.	**PSO-6**	U
Co-4	Apply the skills of medical social work interventions and ability to work in hospital teams.	**PSO-6**	Ap
Co-5	Analyze the concepts and different types of disabilities.	**PSO-6**	An
Co-6	Apply the Medical social work techniques in disabilities.	**PSO-6**	Ap
Co-7	Understand the different types of social legislation acts.	**PSO-10**	U
Co-8	Apply the knowledge of social legislations related to public health in social work practice.	**PSO-10**	Ap

Unit: I

Medical social work: Definition, History in India, scope, skills and social work intervention of practicing medical social work, Limitations of practicing medical social work. Meaning and importance of preventive medicine- Concept and types of prevention. Social work intervention

in the prevention of diseases and promotion of health.

Unit: II

Patients, Health, illness and Health care: The concept of patient as a human being- Problems of hospitalization of the patient: familial, economic, emotional and social. Methods of fund raising and resource mobilization. Rights and Duties of patient.

Unit: III

Models and Approaches: Models of Healthcare- Multidisciplinary approach and team work in treatment. Role and functions of the medical social worker as a member of the treatment team, and general hospital and its departments - Eye Bank, Blood Bank, Specialized Clinic(Neurology, Reproductive healthcare, Cardio vascular Problem, Cancer, Diabetes, occupational health problems), Organ and tissues donation. Medico legal issues.

Unit: IV

Disabilities: Meaning, definition, types, magnitude, consequences, causes, symptoms, treatment and prevention of disabilities (Speech, hearing, Visual, Physical & mentally challenged) –

Intervention among psycho social problems of differently abled. Differences among Impairment, Disability and Handicap.

Unit: V

Social Legislation related to Public Health: Rights of Persons with Disabilities Act (RPWD) 2016, Rehabilitation Council of India Act 1992, Medical Termination of Pregnancy Act (MTP) 1971, Food Adulteration Act 1954, The Drugs and Cosmetics Act 1940, The Births, Deaths and Marriages Registration Act 1886, The Epidemic Diseases Act 1897, The Prohibition of Smoking in Public Places Rules 2008.

Reference Books:

1. Dora, GoldStien,(1954) Expanding Horisons in Medical Social Work,(1st Edition), Chicago, The University of Chica go Press.

2. Park.J.E&Park.K,(1997)Preventive and Social Medicine,(4thEdition),Jabalpur Banaridas Bhanot.
3. Banerjee, Gouri Rani, (1998) The Tuberculosis Patient, (1st Edition), Mumbai Tata Institute of Social Sciences.
4. Javeri D. R.,(1996) Social Work in Hospital Set up,(4th Edition) Mumbai, KEM Hospital.

5. Pathak, S.H, (1961) Medical social Work in India, (1st Edition) Delhi,School of SocialWork.
6. Sundar.I,(2009) Social Work Practices in health and Medical Profession,(1st Edition) New Delhi,Sarup Book Publishers Pvt. Ltd.

Research Project
Course Code: PW20P5

Hours /Week	Credits	Total Hours	Marks
6	4	90	100

Objectives

1. To gain knowledge towards research design and data collection.
2. To enable students to define research problem, analyse data and interpret results.

Course Outcome

Cos	Upon completion of this course the students will be able to :	PSO Addressed	CL
CO-1	define the research problem	3	R
CO-2	review the concepts, theories and formulate hypothesis	3	U
CO-3	formulate the research design	3	C
CO-4	understand the methods of data collection and collect the data	3	U
CO-5	analyse the collected data with the statistical tools, interpret it and summarize the findings	3	An

Guidelines

- All the students must undertake project work in the II year (III semester).
- The students, with the consent of the Supervisor and HoD.

Evaluation	Marks	Month/ Date	Evaluator
Proposed title, review of literature and objectives.	-	3rd Week of III Semester	-
Final- Internal	60	September/ October	Internal.examiner
*Viva-voce	40	October /November	Ext. examiner
Total marks	100		

* Mode of presentation by Power Point

Project framework

I. The project format should be in:

- Font - Times New Roman
- Heading - Font size 14 (Bold) - Uppercase
- Sub headings - Font size 12 (Bold) – Lowercase; should be numbered. (Eg: Introduction 1; Subheading 1.1;   1.2 ….)
- Text, the content of the project – Font size -12 (Normal).

II. Project must be completed within the stipulated time.

III. Submission of project:

- one soft copy (PDF format in CD)
- Three hard copies (soft binding) duly signed and endorsed by the Supervisor and the Head.

I. Initial Pages - in the following sequence

i. Title Page

ii. Certificate from the Supervisor

iii. Declaration by the candidate endorsed by the Supervisor and HOD.

iv. Acknowledgement (within one page - signed by the candidate).

v. Table of Contents

II. Main body of the project

i. Introduction

ii.Review of Literature

iii.Methodology

iv.Analysis and Interpretation

v.Findings and suggestion

vi. Summary

vii.Bibliography

No. of hours per week	Credit	Total no. of hours	Marks
1	1	30	100

Objectives:
1. To aid students in making right choices and decisions
2. To create awareness on practical methods that lead to personal and societal development

Course Outcomes (COs)

CO No.	*Upon completion of this course, the students will be able to:*	Cognitiv eLevel
CO-1	Identify the root cause of social evils and it's consequences	An
CO-2	Understand the importance of personal and emotional well being	Un
CO-3	Empathise with the needy and disabled	Ap

Unit I

Corruption - causes and types. Seeds and remedies of corruption.

Casteism - causes and consequences.

Communalism - characteristics - causes and remedial measures.

Regionalism - characteristics - causes and remedial measures.

Unit II

Abortion - reason and methods. Birth control

Alcoholism - alcoholism and causes of drinking. Harmful effects of liquor.

Drug addiction - causes - effects and control of drug addiction.

Unit III

Depression - signs - causes and treatments.

Suicide signs and treatments. Child labour.

Unit IV

Divorce - causes and effects. Steps to avoid divorce.Dowry system in India - Legislations to inhibit dowry system. Cases and problems.

Unit V

Care and concern for the aged and disabled - need to take care of elders. Caring of someone with physicaldisability.HIV and aids - basic facts - causes - prevention and treatment.

Text Book:

(Compilation will be provided to the students)

Reference Books:

CN. Shankar Rao, India Social Problems - A Sociological Perspective. S. Chand and Company Limited.New Delhi. 2015.
CN. Shankar Rao, Sociology of Indian Society. S. Chand and company limited. New Delhi. 2004 Gawain, Shakti and Laurel King. Living in the Light. - A Guide to Personal Transformation. NatrajPublishing. Canada. 1998.

Semester IV

Major Core - Psychological Counselling: Theory and Practice

Course Code: PW2041

Hours / Week	Credits	Total Hours	Marks
5	4	60	100

Objectives:

1. To impart knowledge of effective Counselling Techniques.
2. To train students to be an efficient Counsellor.

Course Outcome

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Recall the concepts and objectives of counselling.	**PSO-3**	**R**
Co-2	Understand the methods and techniques of counseling and identify the problems and limitations of counselling.	**PSO-6**	**U**
Co-3	Discuss the importance of various theories in counseling.	**PSO-6**	**U**
Co-4	Apply the skills of counselling in various settings.	**PSO-8**	**Ap**
Co-5	Develop an understanding of Disaster victims.	**PSO-6**	**An**
Co-6	Formulate various disaster management strategies from counseling techniques.	**PSO-6**	**C**
Co-7	Analyze the ethics and models of guidance.	**PSO-6**	**An**
Co-8	Distinguish the counselling and guidance settings	**PSO-6**	**An**

Unit: I

Counselling: Definition, Concepts, Objectives, Needs, Principles, Process, Skills, Techniques. Problems and Limitations of Counselling. Types of Counselling – Family, Group, Individual, Marital, Student, Geriatric. Counselling Relationship.

Unit : II

Theories and Therapies: Psychoanalytic Theory, Adlerian Theory, Client Centered Theory, Behaviour Modification Theory, Rational Emotive therapy, Gestalt Theory, Reality Therapy and Transactional Analysis.

Unit: III

Counselling Practice in various Groups and Settings: Counselling in Groups – T Groups, Encounter groups, Support groups, Psycho educational groups and Psycho therapy groups. Counselling center–Family court, VCTC, ICTC, Family center, Palliative care center, Industrial center. Counseling with special Groups: Children, Youth, Aged and differently abled. Career Counselling with Adolescents.

Unit: IV

Psycho social support in Crisis and Trauma: Reactions subsequent to Disaster (Mental Health Aspects, Emotional Reactions), Shock, Vigilance, Despair, Crying, Numbness, Guilt and Relieving. Basic Techniques of Counselling- Ventilation, Empathy, Active Listening, Social Support, Externalization of Interest, Valuation of Relaxation and Recreation and Spirituality. Crisis and Trauma counselling – Resilience and Psychological first aid; Supportive counselling with PLHIV, TB patients, Infertility Counselling, Sex counselling, Bereavement counselling, Counselling in disaster, Counselling against suicidal thoughts and Community counselling.

Unit: V

Counselling as a Profession: Counsellor as a Professional; Ethical standards in Counselling; Research; Relevance of Counselling as a Social work practice; Role of professional social worker in counselling field, FCC in counselling profession; Do's and Don'ts in Counselling.

Reference Books:

1. Francis J. Turner,(1996) Social Work Treatment-Interlocking Theoretical approaches,(4th Edition) New York,.The FREE press, A division of Simon & Schuster Inc.
2. John Antony.D,(2006)Mental Disorders Encountered in Counselling - A textbook of clinical psychology Based on Diagnostic and statistical manual of mental disorders,(2nd Edition) Dindugal, Tamilnadu, Anugraha publications.
3. Lewis E.Patterson,Elizabeth Reynolds Welfel,(2001) The counseling process,(5th Edition)Cleveland state university, Wadsworth, Thomson Learning pub.
4. Feltham. C & Horton. I (2000) Handbook of Counselling and Psychotherapy, (2nd Edition) London: Sage Publication.

5.   Nelson - Jones, R. (1995). The Theory and Practice of Counselling, (2nd Edition), London : Cassell.

Major Elective - Psychiatric Social Work

Course Code: PW2043

Hours / Week	Credits	Total Hours	Marks
5	4	60	100

Objectives:

1. To impart knowledge on the importance of Psychiatric Social Work.
2. To train the students to practice Psychiatric Social Work Effectively

Course Outcome

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the history of psychiatric social work	**PSO-6**	U
Co-2	Interpret the major therapeutic approaches of intervention and rehabilitation.	**PSO-6**	U
Co-3	Apply the skills of working with different populations across a variety of settings.	**PSO-6**	Ap
Co-4	Understand the relevance and applicability of different approaches vis a vis emotional and interpersonal issues.	**PSO-6**	U
Co-5	Create the community mental health programme for high risk group.	**PSO-6**	C

Unit: I

Psychiatric Social Work: Definition, History, Scope, Characteristic and Importance of psychiatric social work. Community Psychiatry: History, Principles and Intervention.

Unit: II

Psychiatric Social work in various settings: Psychiatric Social Work as a Primary Setting-Psychiatric social work intervention in Various Settings- De-addiction centers, mental health centers, Educational centers, Medical centers, Geriatric care centers, Correctional centers, Special school, Half way homes, day care centers, Child Guidance clinic, Suicide prevention. Admission and Discharge procedures in Psychiatric hospital: Voluntary and Involuntary Admission.

Unit: III

Psychiatric Therapies: Individual and Group Psycho Therapies, Conjoint Therapy, Organic Therapy-Medication, Electro Convulsive Therapy (ECT), Milieu Therapy, Occupational Therapy, Cognitive Behavioral Therapy (CBT), Exposure and Response Prevention (ERP), Logo therapy, Neuro Linguistic Programme (NLP), Recreational and Relaxation therapies. Psychiatric hospital as a Therapeutic Community.

Unit: IV

Psychiatric Rehabilitation: Meaning, concept, definition, Principles of Rehabilitation, Intervention of psychiatric social worker in Rehabilitation- Assessment, Planning, Implementing and Evaluating Rehabilitation Services. Community intervention in Rehabilitation (Individual, family, groups, community). Types of Rehabilitation Centers.

Unit: V

Community Mental Health Programme for High Risk Groups: Post Partum Mothers, Children, Adolescents, Elderly, the mentally challenged, Alcoholic, Drug Dependence, Chronically Ill, families-in-distress, Disaster and Suicide victims. Prevalence of Mental Health problems among various groups

Reference Books:

1. Francis J. Turner, (1996) Social Work Treatment-Interlocking Theoretical approaches,(4th Edition) New York, The FREE press, A division of Simon & Schuster Inc.
2. Sekar.k, Parthasarathy, Muralidhar, Chandrasekar Rao,(2007) Handbook of Psychiatric Social Work,(1st Edition) Bangalore,National Institute of Mental Health and Neuro Science.
3. Dr.Ramakrishanan.K, Dr.Arun Kumar.N, (2010) Psychiatry Made Easy, (1st Edition) Trichy ,ATHMA Institute of Mental Health and Social Science.
4. Purnima N Mane,(1990) Setting in Child Guidance's Clinic,(1st Edition)Mumbai ,Tata Institute of Social Service.
5. Purnima N Mane, Katy and Gandevia, (1993) Mental Health in India, (2nd Edition) Mumbai, Tata Institute of Social Sciences.

Major Elective - Hospital Administration

Course Code: PW2045

Hours / Week	Credits	Total Hours	Marks
5	4	60	100

Objectives:

1. To impart knowledge of hospital administration.
2. To train students to be an efficient hospital administrator.

Course Outcome

Co No.	Upon completion of this course, students will be able to	PSO addressed	CL
Co-1	Understand the meaning –evolution from charity to modern hospital and classification of hospital.	**PSO-7**	**U**
Co-2	Interpret the hospital administration-concept, principles and hospital administrator-role, functions and duties	**PSO-7**	**U**
Co-3	Understand human resource planning: Methods and techniques	**PSO-7**	**U**
Co-4	Discuss the counselling-Training and development of various categories and uses of computers in hospital.	**PSO-7**	**Re**
Co-5	Analyze hospital organization and role of hospital in the health care delivery system.	**PSO-7**	**An**
Co-6	Understand the quality assurance in hospital services	**PSO-7**	**U**
Co-7	Understand the laws pertaining to hospital	**PSO-7**	**U**

Unit: I

Hospital as a System: Hospital - Meaning, Evolution from charity to modern hospital, Classification. Hospital Administration - concept, definition, general principles, importance, functions, patterns and standards.

Unit: II

Human Resource Planning: Human Resource Planning : Methods and techniques - recruitment, selection, induction, placement, performance appraisal, career planning and counseling. Trainingand development of various categories. Uses of Technology in hospital.

Unit: III

Organization of Hospital Administration: The governing boards - The Department organization-The Hospital auxiliary-Role of hospital in the health care delivery system. Corporatization of hospitals.

Unit: IV

Quality Assurance in Hospital services: General consideration - Setting the standard and associated problems - Improving the quality of hospital services**.** National Accreditation Board for Hospitals and Healthcare Providers (NABH)

Unit: V

Laws pertaining to hospital: The Employees Provident Fund Act 1952, The Employees Pension Scheme 1995, Employees Deposit Linked Insurance Scheme 1976, The Employees State Insurance Act 1948, The Health Insurance Policy (Both Government and Private) – Issues and Challenges.

Reference Books:

1. McGiobony, (1952) Principles of Hospital Administration,(2^nd^edition) Putnam, TheUniversity of California.

2. Arya P.P and Gupta R.P (1989), Human Resource and Accounting, (3rd Edition) Delhi,Deep and Deep.

3. Goel, SL and Kumar.R(1990) Hospital Administration and Management,(2^nd^Edition),Delhi,Kalinga.

4. Mathur.B.L(1990),HRD Strategies, approaches and experiences,(1^st^Edition)Jaipur,Assistant Publishers.

No. of hours per week	Credit	Total no. of hours	Marks
1	1	30	100

Objectives:
1. To improve the integral growth of human being towards sustainable development.
2. To create awareness about human rights, values and their significance and their role.

Course Outcomes (COs)

CO No.	*Upon completion of this course, the students will be able to:*	Cognitive Level
CO-1	Understand the pros and cons of organ donation and transplant.	U
CO-2	To recognise their rights and address the issues pertaining to human rights violation.	A
CO-3	To acquire the skills required for a successful personal and professional life.	C

Unit I

Generation gap - causes. Bridging the generation gap.

Donate life - pros and cons of organ donation - organ donation and transplant.

Unit II

Impact of mass media on society - functions and social impacts of media.

Responsible freedom - freedom and responsibility.

Unit III

Violation of human rights - the right to live free. Freedom to move - freedom of thought and freedom of expression. Right to democracy - types of violations and safeguarding of human rights.

Unit IV

Impact of materialism on youth.

Terrorism - causes - solutions to rid the world of terrorism and remedy.

Unit V

Marriage preparation - Fidelity and permanence. Values to practice for a successful marriage. Tips for a

successful marriage. Professional ethics and human values - work ethics - ethics and character. Civic virtues and respect for others. Types of value and its nature. Professional value and duty ethics - how to face challenges in the work place.

Text Book:

(Compilation will be provided to the students)

Reference Books:

Baghel, Dr. Sanjay Singh. *Social Media and Indian Youth*. Apple
BooksNew Delhi.2015.Bhagwan , Dada. *Generation Gap* . mahavideh
Foundation. Ahmedabad. 2000.

M. Govindarajan, S. Natarajan and V.S. Senthil Kumar. Professional Ethics and Human
Values. PHILearning Private Limited. New Delhi .2013.

Don Miguel Riuz and Heather Ash Amara. *The Seven Secrets to Healthy , Happy
Relationships.* Hierophant Publishing . 2018.